



# Break the silence on eating disorders.

Join the conversation

22nd to 23rd AUGUST 2012 » CROWNE PLAZA ADELAIDE

International keynote speakers, evidence sharing, professional development, interactive workshops

Eating disorders occur in both men and women, young and old, rich and poor, and from all cultural backgrounds.

About one in 10 Australians has an eating disorder and the rate is increasing.

The 3rd Annual National Workshop brings together experts in mental health, health promotion, education, research and the media, as well as those with a lived experience of an eating disorder to share evidence and discuss strategic priorities for improving approaches to prevention and treatment of eating disorders in Australia.

*This is your opportunity to get involved.*

## DAY ONE

**Leading international and Australian experts:**

**PROF PAT MCGORRY** - *2010 Australian of the Year; Chair of the NEDC; Executive Director of Orygen Youth Health (OYH)*

**PROF HOWARD STEIGER** - *Director of the Eating Disorders Program, Douglas Institute, Canada*

**PROF MIMI ISRAEL** - *Psychiatrist-in-Chief, Douglas Mental Health University Institute, Canada*

## DAY TWO

**Professional development workshops including:**

- **Evidence from experience workshop** - for those with a lived experience of an eating disorder (including carers and family members)
- **Prevention workshop** - for non clinical professionals who work with people at risk such as teachers, sports coaches, youth workers
- **Communicating about eating disorders workshop** – for those people working in a communications, marketing, media, online or social media role

**The National Workshop is free.** Book early to secure your space

Contact: **Amy Fallon (02) 8004 5147** or **[amy@thebutterflyfoundation.org.au](mailto:amy@thebutterflyfoundation.org.au)**

For more information on the event program and speakers, visit the NEDC website **[www.nedc.com.au](http://www.nedc.com.au)**